



FOCUS ON EYE HEALTH

# A New Perspective: Digital Retinal Imaging



During vision care exams, technological advancements like retinal imaging are immensely helpful in monitoring eye health and physical well-being.

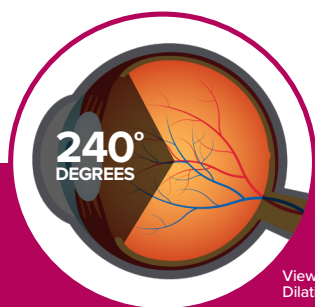
## What Does Digital Retinal Imaging Detect?

Digital retinal imaging scans the eye and produces a roadmap of your interior eye system. The result? High-resolution, colored images of your retina, optic nerve and blood vessels in the back of the eye. These images can help your eye doctor look for eye concerns including:<sup>3</sup>

- Diabetic Retinopathy
- Glaucoma
- Age-Related Macular Degeneration
- Retinal Vascular Changes
- Retinal Detachment

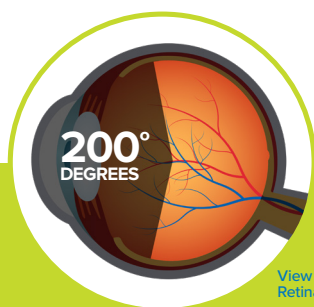
## Tools to Maintain Eye Health

Many vision care practices offer digital retinal screenings as an enhancement to their vision care exams.<sup>1</sup> However, retinal screenings are not done in lieu of a dilated vision care exam. Ask your provider how a dilated vision care exam and digital retinal imaging can provide a more comprehensive look at your overall eye health.



### DILATION

Uses eye drops to increase pupil size to allow the eye doctor to see to the back of the retina.



### DIGITAL RETINAL IMAGING

Uses technology to provide a wider detailed image of your eye.

VBA offers plans that provide easier access to vision care.  
To learn more, visit [vbaplans.com](http://vbaplans.com).

400 Lydia Street, Suite 300 | Carnegie, PA 15106 | 1-800-432-4966 | [www.vbaplans.com](http://www.vbaplans.com)

The information contained above is intended to be educational in nature, does not constitute medical advice, and should not be relied on as a substitute for actual professional medical advice, care or treatment. If you have any vision or other health related concerns, VBA encourages you to immediately contact your optometrist/ophthalmologist, or any other competent, licensed, medical professional.

1. LensCrafters (<https://www.lenscrafters.com/lc-us/vision-guide/optometrist-eye-care>) • 2. Optometrists Network (<https://www.optometrists.org/general-practice-optometry/guide-to-eye-exams/eye-exams/what-is-a-digital-retinal-image/>) • 3. American Academy of Ophthalmology (<https://www.aao.org/eye-health/anatomy/retina-103>) • 4. Sanford (<https://news.sanfordhealth.org/eye-care/dilated-eye-exams-widest-view/>)

## What is the Retina?

The retina is the layer of cells that line the back wall inside the eye. It senses light and communicates signals to the brain, creating the images you see.<sup>1</sup>

## Did You Know?



If you have a systemic disease, you can share your images with other specialists to provide more insight into your health.



Employers can choose between fully-covered or non-covered digital retinal screenings.



Copays for non-covered retinal screenings are only \$39 as part of a vision care exam through a VBA in-network provider.\*

\*Check with your eye care provider before scheduling an appointment to be sure they offer digital retinal screenings. Retinal screenings offered by PCPs are not covered by VBA. Benefits and participation may vary by location and where prohibited by state law.